IN THE SPECIFICATION:

Please amend page 8, lines 14-16, as follows.

In use, the plug 10 may be operated as follows. The plastic stem 20a, 20b includes a compression spring 50 and a latch means 56 comprising a cam track 52 and a stop member 54 (not shown). The lower portion of the stem 20b is telescopically received within the upper portion 20a, and the compression spring 50 biases the lower portion 20b towards an extended position.